



## Starlight Message from Gloria Star

### Winter Solstice 2019 The Sun Cycle in Capricorn 2019/20

Poised at the threshold of a new decade, we continue our journey through the cycle of time with a new mandate. We're experiencing the process of a Solar and Lunar Eclipse, and continue into the peak of the conjunction of Saturn and Pluto. These are powerful major cycles pointing the way toward a need for clearing,

release, healing, regeneration and a fresh focus. Such aspirations can be quite the challenge, especially when the mirror of Truth may reflect a reality many have tried to ignore.

The Winter Solstice marks the shortest day, ushering in the Return of the Light for those in the Northern Hemisphere. This transition alters our focus. As the **Sun's rays shift into Capricorn territory on December 21<sup>st</sup>, 2019** (11:20 PM EST), we enter the time to concentrate on practical matters. It's time to define ambition and establish structures that will support our goals. Capricorn reminds us to be as fully in the present moment as possible, to utilize the resources at hand with an eye toward what's ahead. This can be a period when patience tames the rush of time, allowing us to find value in waiting for the right moment to take action.

At the time this 30-day cycle begins, the Sun's path in Capricorn is set to join with expansive Jupiter, which could indicate a period of benevolence and generosity. It is a time to make the climb toward higher ground. However, this also suggests a greater potential for those in positions of power to have difficulty limiting a tendency to overreach. Defining expectations is paramount now.

However, because **Jupiter is in its year-long transit through Capricorn**, there's also a resistance factor that creates a kind of intractability that can be counterproductive. Or is it? We are seeing multiple examples of situations involving individuals or organizations whose greedy motivations are creating huge disparities in our society. Old paradigms will be tested for their validity. Clearing out and downsizing may be on the agenda. Also, at the time of the Solstice, Mars traveling through Scorpio in connection with Pluto, adds the potential for eliminating what is no longer needed or necessary. Letting go is supported when the release opens energy for growth and regeneration!

This is just the beginning, since the **Solar Eclipse in Capricorn occurs on December 26<sup>th</sup>** (0:13 AM EST), when the Sun and Moon both join wise Jupiter. There's a



suggestion of hope and confidence in the future, and a reminder that choices and actions taken now will have an effect upon our futures and for the generations that follow us. Jupiter is forward-looking, even when tempered by its current cycle in Capricorn! The theme of this eclipse centers upon leadership, and those in positions designed to implement the structures, cultural mores, ethics, and ideals that define a culture or society. Perhaps the *United States* would be a good example? Where does the opening line, "We the People," fit into It's a global experience, the world, many their infrastructure and



*Constitution of The*  
good example? Where  
the people," fit into  
It's a global experience,  
the world, many  
their infrastructure and

*The days leading up to the 2020 New Year offer potentially visionary and hopeful signs*, with Mercury in a friendly connection to innovative Uranus from December 29<sup>th</sup> - 31<sup>st</sup>. When the calendar turns the page to 2020, the Moon transiting in Pisces gains an extra infusion of imagination, creativity and compassion while making contact with Neptune's transit in Pisces. Our thought patterns are also more open to positive potential changes with Mercury moving into a conjunction with expansive Jupiter from January 1<sup>st</sup> - 4<sup>th</sup>. These are good signals for tuning in to those resolutions we can use as our personal goals for the year ahead. Activities like a note in a personal diary, a vision board, or simply crafting a personal statement or affirmation can be especially effective in this year ahead.



The accompanying **Lunar Eclipse in Cancer on January 10<sup>th</sup>, 2020** (2:21 PM EST) opens the way for the peaking of the conjunction of Saturn and Pluto in Capricorn. This eclipse functions as a clarion call, inviting everyone to pay attention to what's happening ... because it is important. The chart for the Lunar Eclipse shows the Sun joined with Mercury (while the Moon opposes Mercury), emphasizing communication, connection, and the need to clarify what is being said. Intention aligned with

message can be a game-changer. Sending the right message is paramount ... particularly when that message resonates with truth and wisdom.

Activated during this Eclipse, Jupiter is joined with the South Node of the Moon, reminding us to look back into what's happened in the past that may be a key to unlocking progress for our future. There's much about past history replaying as we unearth these outworn attitudes. Take care to avoid the trap of exaggerating that history. You know what can happen with the retelling of the story! Also on the same day, the planet Uranus -- signifying revolutionary change -- leaves its retrograde and starts moving forward again. It's time to break out of the inertia that may seem to have halted progress, and to galvanize those networks ready to bring forward true change. What part do you hope to play to bring about renewal in your own life during this new year?

**By January 12<sup>th</sup>, Saturn will reach the exact conjunction to Pluto in Capricorn** (11:22 AM EST), although the intense energy of this cycle will continue until mid-February 2020. Elements that are rising to the surface, or discovered after considerable digging, during late December 2019 through mid-February 2020 are likely to uncover

what's at the core of our most pressing issues and our opportunities. Our challenge is to martial the courage and confidence necessary to address what's emerged, and to determine whether it has true value. What was once a hallmark may now be an anachronism. This is a turning-point, when collective issues, including centuries-long abuses, are exposed. It is time to stand up for what is right, and to refuse to be part of situations that foster abuse and misuse of power. A plan for the way forward may be invaluable, since rhetoric alone can ring hollow.

Changing the fabric of our lives is complex. With a little help from the cosmos, we're seeing circumstances that once seemed insurmountable, for what they are. Saturn is, after all, the Great Clarifier! Those who thrive on stealing power are showing their true colors now. But we all play a part in this time of healing. Each of us can now explore our own insecurities and vulnerabilities, and determine how we can empower ourselves. It all begins with a single step, or a reach-out to someone who needs to hear you. Think of this as a time when the most direct approach might actually yield the greater rewards. That may be one of the gifts of Saturn-Pluto in Capricorn: Keep it simple, and tell it like it is!

Do get in touch when it's time to schedule a personal consultation to explore how you might best work with the challenges and opportunities of these powerful cycles. Meanwhile, I send all my best wishes to you during this special season, and for a very Happy and Healthy New Year!

Joy and Blessings,  
Gloria

*Gloria Star*

[www.GloriaStar.com](http://www.GloriaStar.com)

Voice: 860-664-3590

[Gloria@GloriaStar.com](mailto:Gloria@GloriaStar.com)

PO Box 311, Clinton, CT 06413

